UNITED

| STATES SECURITIES AND EXCHANGE COMMISSION | OMB APPROVAL | | | |
|---|--------------|--|--|--|
| Washington, D.C. 20549 | OMB Number: | | | |

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per response...

longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility

Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

| Print or Type Responses) | | | | | | | | | | | | |
|--|-----------------------|----------------------------|---|---|---------------------|------|---|---|--------|---|-------------------|---|
| Name and Address of Repo CARACI PHILIP D | | ame and Ticker or T | 0 3 | mbo | ol | | 5. Relationship of Reporting Person(s) to Issuer (Check all applicable) | | | | | |
| 7501 Wisconsin Avenue, | (First) 15th Floor | (Middle) | 3. Date of E 01/03/200 | arliest Transaction (N | Ionth/Day | /Ye | ear) | X_ Director10% OwnerOfficer (give title below)Other (specify below) | | | | |
| Bethesda, MD 20814 | 4. If Amend | ment, Date of Origina | al Filed (M | Ionth | /Day/Year) | | 6. Individual or Joint/Group Filing (Check Applicable Line) _X_ Form filed by One Reporting Person _ Form filed by More than One Reporting Person | | | | | |
| (City) | (State) | (Zip) | | Table | I - Non-D | eriv | ative Sec | uriti | es Aco | quired, Disposed of, or Beneficially Owned | | |
| 1.Title of Security (Instr. 3) | | | 2. Transaction Date (Month/Day/Year | 2A. Deemed Execution Date, if any (Month/Day/Year) | Transaction Code | | Disposed of (D) (Instr. 3, 4 and 5) | | D) | 5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4) | | 7. Nature of Indirect Beneficial Ownership (Instr. 4) |
| | | | | | Code | v | Amount | (A) or (D) | Price | | (I) (Instr. 4) | (IIIstr. 4) |
| Common Shares | | | | | | | | | | 35,677.154 ⁽⁵⁾ | I ⁽¹⁾ | Self- Trust |
| Common Shares | | | | | | | | | | 50,343.674 ⁽⁶⁾ | I ⁽²⁾ | Wifes- Trust |
| Preferred Series A Stock | | | | | | | | | | 9,350 | I ⁽³⁾ | Self- Trust |
| Common Shares | | | | | | | | | | 2,570 | I | Wifes IRA |
| Common Shares | | | | | | | | | | 44,122 | D ⁽⁴⁾ | |

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

| (e.g., puts, cans, warrants, options, convertible securities) | | | | | | | | | | | | | | | | | |
|---|------------------|------------------------|----------------------------------|----------------|-----|-------------------------|---|--|--------------------|-----------------|----------------------------------|-----------------|----------------------------------|---------------------------|--|----------------------------------|---------------------------------------|
| 1. Title of Derivative Security | 2. Conversion | 3. Transaction Date | 3A. Deemed Execution Date, if | 4. Transact | ion | 5. Number Derivative | nber of 6. Date Exercisable Expiration Date | | | | 8. Price of Derivative | 9. Number of | 10. Ownership | 11. Nature of Indirect | | | |
| (Instr. 3) | | (Month/Day/Year) | any (Month/Day/Year) | Code | | l | | Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, | | * | | (Instr. 3 and | | Security (Instr. 5) | Derivative Securities Beneficially Owned Following Reported | Direct (D) or Indirect (I) | Beneficial Ownership (Instr. 4) |
| | | | | Code | v | (A) | (D) | Date Exercisable | Expiration Date | Title | Amount or Number of Shares | | Transaction (s) (Instr. 4) | (Instr. 4) | | | |
| Stock Option | \$25.78 | | | | | | | 04/26/2004 | 04/26/2014 | Common Stock | 2,500 | | 2,500 | D | | | |
| Phantom Stock (10) | (7) | 01/03/2005 | | A | | 198.658 | | (8) | (8) | Common Stock | 198.658 | \$37.25 | 12,680.02 (9) | D | | | |

Reporting Owners

| D | Relationships | | | | | | | |
|--|---------------|-----------|---------|-------|--|--|--|--|
| Reporting Owner Name / Address | Director | 10% Owner | Officer | Other | | | | |
| CARACI PHILIP D 7501 Wisconsin Avenue 15th Floor Bethesda, MD 20814 | X | | | | | | | |

Signatures

Scott V. Schneider, by Power of Attorney 01/05/2005 **Signature of Reporting Person

Explanation of Responses:

- If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- Self-Trust. Reporting person is a Trustee.
- Wife's Trust. Reporting person is a Trustee.
- (3) Self-Trust
- **(4)** Self-IRA
- Balance increased by October 29, 2004 Dividend Reinvestment Plan award of 9.350 shares.

- (6) Balance increased by October 29, 2004 Dividend Reinvestment Plan award of 248.599 shares.
- (**7**) 1 for 1
- (8) Under the terms of the reporting person's Deferred Fee Agreement, payment of shares of the issuer's common stock commences at such time as the reporting person ceases to be a director of the issuer. Payment will be a lump sum upon termination of directorship.
- Includes 152.522 (\$31.5250/share) awarded October 29, 2004 as dividend reinvestments on shares of phantom stock held by the reporting person pursuant to the issuer's Deferred Compensation Plan under its 2004 Stock Plan and shares of phantom stock issued under the issuer's Deferred Compensation and Stock Plan for Directors.
- Pursuant to the issuer's Deferred Compensation Plan under its 2004 Stock Plan and the Deferred Fee Agreement executed by the reporting person, the reporting person has elected to defer receipt (10) of his director's fees, and receive plantom stock, the amount of which is calculated as the quotient of the dollar value of fees deferred, divided by the fair market value of the issuer's shares on the date the plantom stock is received.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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