

Common Shares	03/17/2006		S		100	D	\$43.27	2,550	D	
Common Shares	03/17/2006		S		500	D	\$43.3	2,050	D	
Common Shares	03/17/2006		S		400	D	\$43.35	1,650	D	
Common Shares	03/17/2006		S		100	D	\$43.44	1,550	D	
Common Shares	03/17/2006		S		150	D	\$43.47	1,400	D	
Common Shares	03/17/2006		S		800	D	\$43.6	600	D	
Common Shares	03/17/2006		S		500	D	\$43.65	100	D	
Common Shares	03/17/2006		S		100	D	\$43.68	0	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of Derivative Securities Beneficially Owned Following Reported Transaction (s) (Instr. 4)	10. Ownership Form of Derivative Security: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	V		Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Employee Stock Option	\$24.91	03/17/2006		M		7,000	05/23/2004 (1)	05/23/2013	Common Stock	7,000	\$24.91	23,000	D	
Employee Stock Option	\$25.78	03/17/2006		M		3,750	04/26/2004 (1)	04/26/2014	Common Stock	3,750	\$25.78	11,250	D	
Employee Stock Option	\$33.22						05/06/2005 (1)	05/06/2015	Common Stock	15,000		15,000	D	

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
COLLICH JOHN F 7501 Wisconsin Avenue 15th Floor Bethesda, MD 20814			Sr. Vice Pres-Retail Devel.	

Signatures

Scott V. Schneider, by Power of Attorney

Signature of Reporting Person

03/21/2006

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1)** The options will vest 25% per year over four years from the date of grant.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.