Check this box if no longer

See Instruction 1(b).

(Print or Type Responses)

SAUL B FRANCIS III

(Last)

subject to Section 16. Form 4 or

Form 5 obligations may continue.

1. Name and Address of Reporting Person *

7501 Wisconsin Avenue, 15th Floor

(First)

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPR	OVAL
OMB Number:	3235-0287
Expires:	January 31, 2005
Estimated average burden	hours per
response	0.5

(Check all applicable)

____ 10% Owner

____ Other (specify below)

5. Relationship of Reporting Person(s) to Issuer

X Director

_X__ Officer (give title below)

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

2. Issuer Name and Ticker or Trading Symbol

3. Date of Earliest Transaction (Month/Day/Year)

SAUL CENTERS INC [BFS]

(Middle)

7501 Wisconsin Avenue, 15	oth Floor		1	10/01/2004					President						
Bethesda, MD 20814	(Street)		4	4. If Amendment, Date of Original Filed (Month/Day/Year)					6. Indiv _X_ Form Form	6. Individual or Joint/Group Filing (Check Applicable Line) _X_Form filed by One Reporting Person _Form filed by More than One Reporting Person					
(City)	(State)	(Z	(ip)				Table	e I - Non-Der	ivative Securit	ies Acquired, Di	sposed of, or Beneficially C	Owned			
1.Title of Security (Instr. 3)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s)				Ownership Form:	Beneficial Ownership							
					(1	I) Instr. 4)									
Common Shares										2,156.463 ⁽²⁾)		Ι)	
Common Shares										12,000			I		Beneficiary of Trust
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security 3. Transaction Date Execution any (Month/Day/Year)			Table II - Derivative Securities Acquired, Dis (e.g., puts, calls, warrants, options, e, if Transaction Code Securities Acquired (A) or Disposed of (D) (Instr. 8) (Instr. 3, 4, and 5)				ecurities) cisable and ate	7. Title and Amount of Underlying Securities (Instr. 3 and 4) 8. Price of Derivative Security (Instr. 5) 8. Price of Derivative Security (Instr. 5)		Derivative Securities Beneficially Owned	Ownership Form of Derivative Security: Owners (Instr. 4	Beneficial Ownership		
				Code	V (A)		(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		Following Reported Transaction (s) (Instr. 4)	Direct (D) or Indirect 1 (I) (Instr. 4)	
Employee Stock Option	\$25.78							04/26/2005	04/26/2014	Common Stock	40,000		40,000	D	
Employee Stock Option	\$24.91							05/23/2004	05/23/2013	Common Stock	80,000		80,000	D	
Stock Option	\$25.78							04/26/2004	04/26/2014	Common Stock	2,500		2,500	D	
Phantom Stock ⁽⁶⁾	(3)	10/01/2004		A	186.298	3		(4)	(4)	Common Stock	186.298	\$33.28	11,660.392 (<u>5</u>)	D	
Reporting Owners	s									Stock		<u> </u>	(3)		

D	Relationships						
Reporting Owner Name / Address	Director	10% Owner	Officer	Other			
SAUL B FRANCIS III 7501 Wisconsin Avenue 15th Floor Bethesda, MD 20814	X		President				

Signatures

B. Francis Saul III	10/05/2004
Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The option will vest 25% per year over four years from the date of grant.
- (2) Balance increased by July 30, 2004 Dividend Reinvestment Plan award of 21.906 shares.
- (3) 1 for 1
- (4) Under the terms of the reporting person's Deferred Fee Agreement, payment of shares of the issuer's common stock commences at such time as the reporting person ceases to be a director of the issuer. Payment will be a lump sum upon termination of directorship.
- (5) Includes 151.743 shares (\$29.1000/share) awarded July 30, 2004 as dividend reinvestments on shares of phantom stock held by the reporting person pursuant to the issuer's Deferred Compensation Plan under its 2004 Stock Plan and shares of phantom stock issued under the issuer's Deferred Compensation and Stock Plan for Directors.
- Pursuant to the issuer's Deferred Compensation Plan under its 2004 Stock Plan and the Deferred Fee Agreement executed by the reporting person, the reporting person has elected to defer receipt of his director's fees, and receive phantom stock, the amount of which is calculated as the quotient of the dollar value of fees deferred, divided by the fair market value of the issuer's shares on the date the phantom stock is received.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.