

OMB Number:	3235-0287
Expires:	January 31, 2008
Estimated average burden hours per response...	0.5

[illegible]

				Code	V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		(Instr. 4)		
Stock Option	\$25.78							04/26/2004	04/26/2014	Common Stock	2,500		2,500	D	
Stock Option	\$33.22							05/06/2005	05/06/2015	Common Stock	2,500		2,500	D	
Phantom Stock ⁽⁴⁾	\$46.61 ⁽²⁾	07/02/2007		A		158.765		⁽³⁾	⁽³⁾	Common Stock	158.765	\$46.61	15,742.396 ⁽¹⁰⁾	D	
Stock Option	\$40.35							05/01/2006	05/06/2016	Common Stock	2,500		2,500	D	
Stock Option	\$54.17							04/27/2007	04/27/2017	Common Stock	2,500		2,500	D	

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
CARACI PHILIP D 7501 Wisconsin Avenue 15th Floor Bethesda, MD 20814	X			

Scott V. Schneider, by Power of Attorney

07/05/2007

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Self-IRA
- (2) 1 for 1
- (3) Under the terms of the reporting person's Deferred Fee Agreement, payment of shares of the issuer's common stock commences at such time as the reporting person ceases to be a director of the issuer. Payment will be a lump sum upon termination of directorship.
- Pursuant to the issuer's Deferred Compensation Plan under its 2004 Stock Plan and the Deferred Fee Agreement executed by the reporting person, the reporting person has elected to defer receipt of his
- (4) director's fees, and receive phantom stock, the amount of which is calculated as the quotient of the dollar value of fees deferred, divided by the fair market value of the issuer's shares on the date the phantom stock is received.
- (5) Self-Trust. Reporting person is a Trustee.
- (6) Balance increased by April 30, 2007 Dividend Reinvestment Plan award of 10.775 shares.
- (7) Balance increased by April 30, 2007 Dividend Reinvestment Plan award of 161.395 shares.
- (8) Balance increased by April 30, 2007 Dividend Reinvestment Plan award of 25.125 shares.

- (9) Balance increased by April 30, 2007 Dividend Reinvestment Plan award of 417.764 shares.
- (10) Includes 131.750 (\$51.6040/share) awarded April 30, 2007 as dividend reinvestments on shares of phantom stock held by the reporting person pursuant to the issuer's Deferred Compensation Plan under its 2004 Stock Plan and shares of phantom stock issued under the issuer's Deferred Compensation Stock Plan for Directors.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.